**Request for contributors:**

**Smart Screen Detox on Inside Out, BBC One**

Hello,

I’m a BBC producer based in Leeds and I’m writing to tell you about a project we are working on with your child’s school, **Manor Church of England Academy** that will take place late in January – the Detox month.

We are interested in exploring just how far smart screen tech has got into our lives.

We’re asking all the ***children in the school and their parents or carers to*** try to **give up smart devices** – phone, iPad, Games console, PC etc. for a whole week. That means no social media, YouTube, games, or WhatsApp groups.

Staff membersat school will be doing the same, as will the programme’s presenter.

There will be some classes that will continue to use school iPads, to deliver the curriculum, and obviously anything that has to do with safety or safeguarding will still be permitted, but we ask that beyond these classes, and their homework, we try and ‘switch off’ for the entire week (and weekend) of **Jan 27th-Feb 2nd.**

We’ll interview some specific children and their parents/carers about the experience and, what they might have gained and/or lost, by foregoing screens.

If you are happy for you and your child(ren) to take part, then please sign this form below, and return it to your child’s form tutor. If (for any reason whatsoever) you don’t want to take part, and do not consent for us to use images of a child or children, then please indicate on the consent form below and we will work around this and not show images of your child.

If you have any more questions, please feel free to email me on [Mathew.heywood.ext@bbc.co.uk](mailto:Mathew.heywood.ext@bbc.co.uk) or contact the school.

**Parental Consent form**

* I DO give my consent for Child (Name of Child/ form group) to be filmed as part of BBC Yorkshire and Lincolnshire Inside Out on BBC One
* I DO NOT give my consent for Child (Name of Child/ form group) to be filmed as part of BBC Yorkshire and Lincolnshire Inside Out on BBC One

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Print Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Relationship to child \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date